

## Guernsey County Community Resources

### I. Food Pantries

Name of Food Pantry	Days/Times	Zip Code Service Areas
<b>Salvation Army of Cambridge</b> 221 Dewey Ave. Cambridge, OH 43725 740-432-7759	Mon.-Thurs., 9am-12pm & 1pm-3pm Fri., 9am-11am, 12pm-2pm Free Produce/Milk Giveaway: 1 <sup>st</sup> & 3 <sup>rd</sup> Thurs. 9:30am-until supplies last	Guernsey
<b>First Church of the Nazarene</b> 533 Jefferson St. Cambridge, OH 43725	Free Produce/Milk Giveaway: 2 <sup>nd</sup> & 4 <sup>th</sup> Thurs. 9:30am-until supplies last	Guernsey
<b>Guernsey Living Water Food Pantry</b> 287 Fair St. Quaker City, OH 43773 740-679-2871	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday 12pm-2pm	43773, 43378, 43913, 43719, 43723, 43736, 43755
<b>Byesville Assembly of God</b> 102 South 7 <sup>th</sup> St. Byesville, OH 43723 740-685-2553	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday 12pm-1pm	Rolling Hills School District
<b>Grace Pantry</b> 1101 Steubenville Ave. Cambridge, OH 43725 740-432-6036	2 <sup>nd</sup> Friday of the month from 10am-11:30am, 4 <sup>th</sup> Friday of the month 11am-1:30pm, 4pm-6pm	Guernsey
Main Ave UMC Food Pantry 223 E. Main Ave Byesville, OH 43723 740-685-2912	Thursday: 9am-12pm	Rolling Hills School District
<b>Guernsey Senior Nutrition –CSP</b> 1022 Carlisle Ave. Cambridge, OH 43725 740-439-5717	Mon. – Fri. 11:30am-1pm, 3 <sup>rd</sup> Fri. 8am-4pm for CSFP Contact: Kylee Quinn 740-439-6681	Guernsey
<b>Hot Meals/Community Kitchen</b>		
<b>Feed My People</b> 1101 Steubenville Ave. Cambridge, OH 43725 740-439-4214	Mon.-Sat. 9am-1pm, Serving from 11am-12pm	43725
<b>Guernsey County Senior Citizens Ctr.</b> 1022 Carlisle Ave. Cambridge, OH 43725 740-439-5717	Mon. – Fri. 11:30am-1pm	Guernsey
<b>Harvest House</b> 6060 Glenn Hwy Cambridge, OH 43725 <b>740-584-1941</b>	Ministry can assist with household goods. Call to inquire about their services. CLOTHING, HOUSEHOLD GOODS ONLY!	Guernsey, Monroe, Noble

## II. Housing Assistance

Name of Agency	Services Provided	Service Areas
<b>GMN Tri-County CAC., INC.</b> Guernsey's telephone # is 740-685-2422	Homeless Prevention Program- at risk homeless or currently homeless, Home Weatherization Program- 8am-4pm Mon.-Fri.	Guernsey, Monroe, Noble
<b>Metropolitan Housing</b> 1100 Maple Court Cambridge, OH 43725 740-439-6651	Housing Choice Voucher Program, Low-Income Housing (Mon., Tues., Thurs. Fri. 8:30am-4:30pm)	Guernsey, Monroe, Noble
<b>Society of St. Vincent de Paul</b> 701 Gomber Ave. Cambridge, OH 43725 740-432-7609 x 207	Housing Assistance (rent, rent security deposit, & mortgage) Please call to make an appt. Hours: Mon., Tues., Thurs. 10am-1pm	Guernsey
<b>Samaritan Center for Transitional Housing</b> P.O. Box 893 Cambridge, OH 43725 740-435-0333	Focus is on Transitional Housing not Emergency Housing, 30-90 days, there is some rental/mortgage assistance but limited funds-case by case basis	Guernsey
<b>The Freedom House</b> 710 N 4 <sup>th</sup> St. Cambridge, OH Call Roberta, Freedom House Coordinator 740-995-8007	Homeless Shelter-Ages 18 and over, Adults only. Program to help end homelessness. Please call for specific information on the program	Guernsey only

## III. Utility Assistance (Electric, Gas, Water)

Name of Agency	Services Provided	Service Area
<b>GMN Tri-County CAC., INC.</b> 185 S. 2 <sup>nd</sup> St. Byesville, OH 43723, Guernsey's telephone # is 740-685-2422	Several energy assistance programs (HEAP, PIPP, Summer Crisis Program) to assist with utilities, please call to make an appointment 740-955-8001 (Mon.-Fri. 8am-4pm)	Guernsey, Monroe, Noble
<b>Society of St. Vincent de Paul</b> 701 Gomber Ave. Cambridge, OH 43725 740-432-7609 x 207 email: <a href="mailto:office@colsvdp.org">office@colsvdp.org</a>	Some assistance with gas, electric, propane, firewood. Please call to make an appt. (Mon. Tues. & Thurs. 10am-1pm)	Guernsey
<b>Salvation Army Cambridge</b> 221 Dewey Ave. Cambridge, OH 43725 740-432-7759	Some assistance with utilities, please call to inquire. Mon.-Thurs. 9am-12pm, Fri. 9am-11am, 12pm-2pm	Guernsey



**IV. SNAP Benefits (Food Assistance), WIC, Cash Assistance, & Medicaid**

<b>Name of Agency</b>	<b>Services Provided</b>	<b>Service Area</b>
<b>Cambridge-Guernsey County Health Department</b> 326 Highland Ave Cambridge, OH 43725 740-439-3577 Mon.-Fri. 8am-4pm	Birth & Death Records, Car Seat Program, Cribs for Kids, Nursing Services such as Child/Adult Immunizations & Health Education	Guernsey
<b>Ohio WIC (located within Cambridge-Guernsey Health Dept.)</b> 326 Highland Ave Cambridge, OH 43725 740-439-3577 x 7242 or 7249 Mon.-Fri. 8am-4pm, lunch 12pm-1pm	Food items, baby food, baby formula, Children birth to 5, pregnant, & breastfeeding Moms.	Guernsey
<b>Guernsey County Dept. of Job &amp; Family Services</b> 324 Highland Ave. Cambridge, OH 43725 740-432-2381 Mon.-Fri. 8am-4pm	Eligibility based programs that assist with food (SNAP), cash assistance & Medicaid (medical insurance)	Guernsey

**V. Employment Services (Unemployment, Child Support, Resume, Job Search, Interview)**

<b>Name of Agency</b>	<b>Services Provided</b>	<b>Service Area</b>
<b>Guernsey County Dept. of Job &amp; Family Services (Workforce Investment)</b> 324 Highland Ave. Cambridge, OH 43725 740-432-2381 Mon.-Fri. 8am-4pm	Job seeker services, Job seeker on site Resource Room, Career Services, Training Services, Comprehensive Career Case Management & Employment Program (Adult Program, Youth Services Job Training Program), The Child Support Enforcement Agency is located at this address & can be reached at the listed tel#.	Guernsey
<b>Ohio Means Jobs</b>	Web-site for Job Searching, Resume Help: <a href="https://jobseeker.ohiomeansjobs.monster.com/">https://jobseeker.ohiomeansjobs.monster.com/</a>	State of Ohio
<b>Action Total Staffing</b> 822 Wheeling Ave Cambridge, OH 43725 740-432-1904	Staffing agency that helps with short term, long term employment opportunities	Guernsey, Monroe, Noble
<b>Mancan Temporary Staffing</b> 729 Southgate Pkwy Cambridge, OH 43725 740-439-5060	Staffing agency that helps with short term, long term employment opportunities	Guernsey



## VI. Mental Health/Substance Abuse

Name of Agency	Services Provided	Service Area
<b>Mental Health &amp; Recovery Services Board</b> 1500 Coal Run Rd. Zanesville, OH 43701 740-454-8557 Call for office hours <b>In Crisis Tel# 1-800-344-5818 or            ***Text 741741 (Crisis Counselor)</b>	Provides services for mental health substance abuse	Coshocton, Guernsey, Morgan, Muskingum, Noble and Perry
<b>Cedar Ridge Behavioral Health Solutions</b> 841 Steubenville Ave. Cambridge, OH 43725 740-692-7247 Mon.-Wed. 8am-6:30pm, Thurs, Fri.-8am-5pm <b>** Anxiety Crisis Line: 1-800-950-6264            ***Text 741741 (Crisis Counselor)</b>	Provides services for mental health & substance abuse <b>**Anxiety Crisis Line assists those who need immediate help</b>	Guernsey, Monroe and Noble
<b>Guernsey Health Choices, Inc.</b> 927 Wheeling Ave. Suite 310 Cambridge, OH 43725 740-439-4532 Call for office hours <b>***Text 741741 (Crisis Counselor)</b>	Individual & Family Counseling, Addiction & Behavioral Health Services	Guernsey, Monroe and Noble
<b>Allwell Behavioral Services</b> 2500 Glenn Hwy Cambridge, OH 43725 740-439-4428 Call for office hours <b>*Allwell Crisis Hotline 800-344-5818</b>	Individual & Family Counseling, Addiction & Behavioral Health Services	Guernsey, Monroe and Noble
<b>Southeastern Counseling Center</b> 239A Old National Rd Old Washington, OH 43768 Mon. 8am-8pm, Tues. 8am-7pm Wed. 8am-8pm, Thurs. 8am-5pm (740)489-5571	Assists adults, children & families with mental health & addiction services	Guernsey, Monroe, Noble, Washington
<b>People to People Counseling</b> 1200 E. Wheeling Ave. Cambridge, OH Mon-Thurs. 9am-6pm, Fri. 9am-3pm, 740-432-1800	Mental Health, Parenting Support & Addiction/Recovery Services	Guernsey, Monroe, Noble

<b>Mid-Ohio Behavioral Health</b> 2090 North Ave. Cambridge, OH 43725 Please call for office hours & intake process 740-201-2522	Providing children, families & adults with comprehensive Behavioral Health services	Guernsey, Monroe, Noble & Washington
<b>SAMHSA (Substance Abuse &amp;          Mental Health Services          Administration) National          Helpline 1-800-662-4357 24/7,          365 days a year</b>	Treatment Referral & Information Service for Mental Health & Substance Abuse Issues	National

**\*\*\*Crisis Text Line**

**Throughout Ohio, individuals can text the keyword “4HOPE” to 741741 to be connected to a Crisis Counselor. Any person may need help in coping with a stressful situation. Reach out by text to communicate with someone trained to listen and respond in a method that is private, secure and confidential.**

## VII. Legal Assistance/Domestic Violence Shelters

Name of Agency	Services Provided	Service Area
<b>Southeastern Ohio Legal Services (SEOLS) New Philadelphia Office</b> 255 2 <sup>nd</sup> St. NE, Suite D New Philadelphia, OH 44663 330-339-3998, 1-800-686-3670 Call for office hours <b>Email:</b> <a href="mailto:newphiladelphia@seols.org">newphiladelphia@seols.org</a>	Legal assistance for people who cannot afford legal representation. This agency assist with various needs such as fair housing, health care, public benefits, domestic violence, family, & tax etc...	Coshocton, Guernsey, Holmes & Tuscarawas
<b>Ohio Legal Help</b> <b>Web-site: ohiolegalhelp.org</b>	Online legal resources for legal information, forms or a lawyer	Statewide
<b>Victim Advocacy Center Haven of Hope</b> 927 Wheeling Ave. Suite 102 Cambridge, OH 43725 740-439-7233 Mon. – Fri. 8am-4pm	Provides assistance to victims of crime. Assists with understanding the criminal justice process & helping victims who have been harmed from any type of crime.	Guernsey, Noble
<b>Ohio Domestic Violence Network (ODVN)</b> <b>1-800-934-9840</b> <b>Web-site: odvn.org</b>	Online resources for victims of domestic violence.	Statewide
<b>National Domestic Violence Hotline 1-800-799-SAFE (7233)</b> <b>Web-site: thehotline.org (live chat available)</b>	Resources & a national 800# to help victims of domestic violence.	National

VIII. Suicide Prevention (see also Mental Health services listed in this guide)

Name of Agency	Services Provided	Service Area
National Suicide Prevention Hotline 1-800-273-TALK (8255) Press 1, also can text 838255 ***Text 741741 (Crisis Counselor) Web-site: suicidepreventionlifeline.org	An 800# that is operational 24/7. Assists individuals who are in crisis, need immediate assistance & linked with prevention & crisis resources.	National

**\*\*\*Crisis Text Line**

Throughout Ohio, individuals can text the keyword “4HOPE” to 741 741 to be connected to a Crisis Counselor. Any person may need help in coping with a stressful situation. Reach out by text to communicate with someone trained to listen and respond in a method that is private, secure and confidential.

**IX. Parent Education/Child Mentoring Services**

<b>Name of Agency</b>	<b>Services Provided</b>	<b>Service Area</b>
<p><b>Corporation for Ohio Appalachian Development COAD 4 Kids</b>                      1500B Green St.                      Marietta, OH 45750                      740-373-6996  <b>Parent Help Call in Line: 740-373-6996</b>                      Call for office hours  <b>Web-site: Coad4kids.org</b></p>	<p>Parent Education Classes, Parent Resources such as a parent help call in line, listings of licensed childcare facilities, referrals to community resources</p>	<p>Guernsey, Monroe, Noble and Washington</p>
<p><b>Big Brothers/Big Sisters</b>                      740-453-7300</p>	<p>Mentor program for children</p>	<p>Guernsey, Monroe</p>
<p><b>Publicly Funded Child Care through the Ohio Dept. of Job &amp; Family Services – Guernsey County</b>                      324 Highland Ave.                      Cambridge, OH 43723                      740-432-2381                      Mon. – Fri. 8am-4pm</p>	<p>Eligible families can have all or partial costs of childcare paid for while in attendance at school, work, job training, homeless etc...application process is through the ODJS</p>	<p>Guernsey</p>
<p><b>Head Start/Early Head Start</b>                      615 North St.                      Caldwell, OH 43724                      740-732-2388</p>	<p>Provides educational services to children birth through 5 yrs. of age &amp; pregnant Moms. Service centers throughout Guernsey, Monroe &amp; Noble. Call Caldwell Service Center tel. #for the intake process or more information.</p>	<p>Guernsey, Monroe, Noble</p>



**X. Teen Services**

<b>Name of Agency</b>	<b>Services Provided</b>	<b>Service Area</b>
<p><b>Pathways Fellowship Teen Center</b>            1413 Marquand Ave.            Cambridge, OH            740-510-5106            Call for operational hours  <b>Please call to speak with Zachary Anderson</b></p>	<p>Teen Center that focuses on providing after school assistance for teens ages 6<sup>th</sup>-12<sup>th</sup> grade, Services include homework assistance, recreational programs, &amp; help with problems teens may experience such as behavioral, &amp; family problems.</p>	<p>Guernsey, Monroe &amp; Noble</p>
<p><b>National Runaway Safeline 1-800-786-2929, 1800RUNAWAY.ORG, Text SAFE to 69866 to receive a text back with the nearest shelter location-if no shelter nearby person given the tel# to National Runaway Safeline *** Text 741741(Crisis Counselor)</b></p>	<p><b>Resource to help aid youths who have run away from home.</b></p>	<p>National</p>
<p><b>Hey I'm Here (Online Program)</b>            Designed specifically for teens            Social Media Presence:            Facebook, Instagram, &amp; Snapchat @HeyImHereOhio  <b>Heyimhere.org</b></p>	<p><b>Digital safe space for teens to get support for mental health well-being and to provide helpful resources</b></p>	<p>National</p>