**Guernsey County Community Resources**

1. **Food Pantries**

|  |  |  |
| --- | --- | --- |
| **Name of Food Pantry** | **Days/Times** | **Zip Code Service Areas** |
| **Salvation Army of Cambridge**221 Dewey Ave. Cambridge, OH 43725740-432-7759 | Mon.-Thurs., 9am-12pm & 1pm-3pm Fri., 9am-11am, 12pm-2pm Free Produce/Milk Giveaway: 1st & 3rd Thurs. 9:30am-until supplies last | Guernsey |
| **First Church of the Nazarene**533 Jefferson St.Cambridge, OH 43725 | Free Produce/Milk Giveaway: 2nd & 4th Thurs. 9:30am-until supplies last | Guernsey |
| **Guernsey Living Water Food Pantry**287 Fair St. Quaker City, OH 43773 740-679-2871 | 1st & 3rd Thursday 12pm-2pm | 43773, 43378, 43913, 43719,43723, 43736, 43755 |
| **Byesville Assembly of God**102 South 7th St.Byesville, OH 43723 740-685-2553 | 1st & 3rd Thursday 12pm-1pm | Rolling Hills School District |
| **Grace Pantry** 1101 Steubenville Ave. Cambridge, OH 43725 740-432-6036 | 2nd Friday of the month from 10am-11:30am, 4th Friday of the month 11am-1:30pm, 4pm-6pm | Guernsey |
| Main Ave UMC Food Pantry223 E. Main AveByesville, OH 43723740-685-2912 | Thursday: 9am-12pm | Rolling Hills School District |
| **Guernsey Senior Nutrition –CSP**1022 Carlisle Ave.Cambridge, OH 43725740-439-5717 | Mon. – Fri. 11:30am-1pm, 3rd Fri. 8am-4pm for CSFP Contact: Kylee Quinn 740-439-6681 | Guernsey |
| **Hot Meals/Community Kitchen** |  |  |
| **Feed My People**1101 Steubenville Ave. Cambridge, OH 43725 740-439-4214 | Mon.-Sat. 9am-1pm, Serving from 11am-12pm | 43725 |
| **Guernsey County Senior Citizens Ctr.** 1022 Carlisle Ave.Cambridge, OH 43725740-439-5717 | Mon. – Fri. 11:30am-1pm | Guernsey |
| **Harvest House**6060 Glenn HwyCambridge, OH 43725**740-584-1941** | Ministry can assist with household goods. Call to inquire about their services. CLOTHING, HOUSEHOLD GOODS ONLY! | Guernsey, Monroe, Noble |

1. **Housing Assistance**

|  |  |  |
| --- | --- | --- |
| **Name of Agency** | **Services Provided** | **Service Areas** |
| **GMN Tri-County CAC., INC.**Guernsey’s telephone # is 740-685-2422 | Homeless Prevention Program-at risk homeless or currently homeless, Home Weatherization Program- 8am-4pm Mon.-Fri. | Guernsey, Monroe, Noble |
| **Metropolitan Housing** 1100 Maple CourtCambridge, OH 43725 740-439-6651 | Housing Choice Voucher Program, Low-Income Housing(Mon., Tues., Thurs. Fri. 8:30am-4:30pm) | Guernsey, Monroe, Noble |
| **Society of St. Vincent de Paul**701 Gomber Ave. Cambridge, OH 43725 740-432-7609 x 207 | Housing Assistance (rent, rent security deposit, & mortgage) Please call to make an appt.Hours: Mon., Tues., Thurs. 10am-1pm | Guernsey |
| **Samaritan Center for Transitional Housing** P.O. Box 893 Cambridge, OH 43725 740-435-0333  | Focus is on Transitional Housing not Emergency Housing, 30-90 days, there is some rental/mortgage assistance but limited funds-case by case basis | Guernsey |
| **The Freedom House**710 N 4th St. Cambridge, OH Call Roberta, Freedom House Coordinator 740-995-8007 | Homeless Shelter-Ages 18 and over, Adults only. Program to help end homelessness. Please call for specific information on the program | Guernsey only |

1. **Utility Assistance (Electric, Gas, Water)**

|  |  |  |
| --- | --- | --- |
| **Name of Agency** | **Services Provided** | **Service Area** |
| **GMN Tri-County CAC., INC.**185 S. 2nd St.Byesville, OH 43723, Guernsey’s telephone # is 740-685-2422 | Several energy assistance programs (HEAP, PIPP, Summer Crisis Program) to assist with utilities, please call to make an appointment 740-955-8001(Mon.-Fri. 8am-4pm) | Guernsey, Monroe, Noble |
| **Society of St. Vincent de Paul** 701 Gomber Ave.Cambridge, OH 43725 740-432-7609 x 207 email: office@colsvdp.org | Some assistance with gas, electric, propane, firewood. Please call to make an appt. (Mon. Tues. & Thurs. 10am-1pm) | Guernsey  |
| **Salvation Army Cambridge**221 Dewey Ave. Cambridge, OH 43725 740-432-7759 | Some assistance with utilities, please call to inquire. Mon.-Thurs. 9am-12pm, Fri. 9am-11am, 12pm-2pm | Guernsey |

1. **SNAP Benefits (Food Assistance), WIC, Cash Assistance, & Medicaid**

|  |  |  |
| --- | --- | --- |
| **Name of Agency** | **Services Provided** | **Service Area** |
| **Cambridge-Guernsey County Health Department**326 Highland AveCambridge, OH 43725740-439-3577Mon.-Fri. 8am-4pm | Birth & Death Records, Car Seat Program, Cribs for Kids, Nursing Services such as Child/Adult Immunizations & Health Education | Guernsey |
| **Ohio WIC (located within Cambridge-Guernsey Health Dept.)** 326 Highland AveCambridge, OH 43725740-439-3577 x 7242 or 7249 Mon.-Fri. 8am-4pm, lunch 12pm-1pm | Food items, baby food, baby formula, Children birth to 5, pregnant, & breastfeeding Moms. | Guernsey |
| **Guernsey County Dept. of Job & Family Services**324 Highland Ave.Cambridge, OH 43725 740-432-2381Mon.-Fri. 8am-4pm | Eligibility based programs that assist with food (SNAP), cash assistance & Medicaid (medical insurance) | Guernsey |

1. **Employment Services (Unemployment, Child Support, Resume, Job Search, Interview)**

|  |  |  |
| --- | --- | --- |
| **Name of Agency** | **Services Provided**  | **Service Area** |
| **Guernsey County Dept. of Job & Family Services (Workforce Investment)** 324 Highland Ave. Cambridge, OH 43725 740-432-2381Mon.-Fri. 8am-4pm | Job seeker services, Job seeker on site Resource Room, Career Services, Training Services, Comprehensive Career Case Management & Employment Program (Adult Program, Youth Services Job Training Program), The Child Support Enforcement Agency is located at this address & can be reached at the listed tel#. | Guernsey |
| **Ohio Means Jobs** | Web-site for Job Searching, Resume Help: https://jobseeker.ohiomeansjobs.monster.com/ | State of Ohio |
| **Action Total Staffing**822 Wheeling AveCambridge, OH43725740-432-1904 | Staffing agency that helps with short term, long term employment opportunities | Guernsey, Monroe, Noble |
| **Mancan Temporary Staffing** 729 Southgate Pkwy Cambridge, OH 43725 740-439-5060 | Staffing agency that helps with short term, long term employment opportunities | Guernsey |

1. **Mental Health/Substance Abuse**

|  |  |  |
| --- | --- | --- |
| **Name of Agency** | **Services Provided** | **Service Area** |
| **Mental Health & Recovery Services Board**1500 Coal Run Rd. Zanesville, OH 43701740-454-8557Call for office hours**In Crisis Tel# 1-800-344-5818 or \*\*\*Text 741741 (Crisis Counselor)** | Provides services for mental health substance abuse | Coshocton, Guernsey, Morgan, Muskingum, Noble and Perry |
| **Cedar Ridge Behavioral Health Solutions** 841 Steubenville Ave. Cambridge, OH 43725740-692-7247 Mon.-Wed. 8am-6:30pm, Thurs, Fri.-8am-5pm**\*\* Anxiety Crisis Line: 1-800-950-6264****\*\*\*Text 741741 (Crisis Counselor)** | Provides services for mental health & substance abuse\*\*Anxiety Crisis Line assists those who need immediate help | Guernsey, Monroe and Noble |
| **Guernsey Health Choices, Inc.**927 Wheeling Ave. Suite 310Cambridge, OH 43725740-439-4532Call for office hours**\*\*\*Text 741741 (Crisis Counselor)** | Individual & Family Counseling, Addiction & Behavioral Health Services | Guernsey, Monroe and Noble |
| **Allwell Behavioral Services**2500 Glenn HwyCambridge, OH 43725740-439-4428Call for office hours**\*Allwell Crisis Hotline 800-344-5818** | Individual & Family Counseling, Addiction & Behavioral Health Services | Guernsey, Monroe and Noble |
| **Southeastern Counseling Center**239A Old National RdOld Washington, OH 43768Mon. 8am-8pm, Tues. 8am-7pm Wed. 8am-8pm, Thurs. 8am-5pm(740)489-5571 | Assists adults, children & families with mental health & addiction services | Guernsey, Monroe, Noble, Washington |
| **People to People Counseling** 1200 E. Wheeling Ave.Cambridge, OH Mon-Thurs. 9am-6pm, Fri. 9am-3pm, 740-432-1800**Mid-Ohio Behavioral Health**2090 North Ave.Cambridge, OH 43725Please call for office hours & intake process740-201-2522 | Mental Health, Parenting Support & Addiction/Recovery ServicesProviding children, families & adults with comprehensive Behavioral Health services | Guernsey, Monroe, NobleGuernsey, Monroe, Noble & Washington |
| **SAMHSA (Substance Abuse & Mental Health Services Administration) National Helpline 1-800-662-4357 24/7, 365 days a year** | Treatment Referral & Information Service for Mental Health & Substance Abuse Issues | National |

**\*\*\*Crisis Text Line**

**Throughout Ohio, individuals can text the keyword “4HOPE” to 741741 to be connected to a Crisis Counselor. Any person may need help in coping with a stressful situation. Reach out by text to communicate with someone trained to listen and respond in a method that is private, secure and confidential.**

1. **Legal Assistance/Domestic Violence Shelters**

|  |  |  |
| --- | --- | --- |
| **Name of Agency** | **Services Provided** | **Service Area** |
| **Southeastern Ohio Legal Services (SEOLS) New Philadelphia Office** 255 2nd St. NE, Suite DNew Philadelphia, OH 44663330-339-3998, 1-800-686-3670Call for office hours**Email:** **newphiladelphia@seols.org** | Legal assistance for people who cannot afford legal representation. This agency assist with various needs such as fair housing, health care, public benefits, domestic violence, family, & tax etc… | Coshocton, Guernsey, Holmes & Tuscarawas |
| **Ohio Legal Help****Web-site: ohiolegalhelp.org** | Online legal resources for legal information, forms or a lawyer | Statewide |
| **Victim Advocacy Center****Haven of Hope**927 Wheeling Ave. Suite 102Cambridge, OH 43725740-439-7233Mon. – Fri. 8am-4pm | Provides assistance to victims of crime. Assists with understanding the criminal justice process & helping victims who have been harmed from any type of crime. | Guernsey, Noble |
| **Ohio Domestic Violence Network (ODVN)****1-800-934-9840****Web-site: odvn.org** | Online resources for victims of domestic violence. | Statewide |
| **National Domestic Violence Hotline 1-800-799-SAFE (7233)****Web-site: thehotline.org (live chat available)** | Resources & a national 800# to help victims of domestic violence. | National |

1. **Suicide Prevention (see also Mental Health services listed in this guide)**

|  |  |  |
| --- | --- | --- |
| **Name of Agency** | **Services Provided** | **Service Area** |
| **National Suicide Prevention Hotline****1-800-273-TALK (8255)****Press 1, also can text 838255****\*\*\*Text 741741 (Crisis Counselor)****Web-site: suicidepreventionlifeline.org** | **An 800# that is operational 24/7. Assists individuals who are in crisis, need immediate assistance & linked with prevention & crisis resources.** | National |

**\*\*\*Crisis Text Line**

**Throughout Ohio, individuals can text the keyword “4HOPE” to 741 741 to be connected to a Crisis Counselor. Any person may need help in coping with a stressful situation. Reach out by text to communicate with someone trained to listen and respond in a method that is private, secure and confidential.**

1. **Parent Education/Child Mentoring Services**

|  |  |  |
| --- | --- | --- |
| **Name of Agency** |  **Services Provided**  | **Service Area** |
| **Corporation for Ohio Appalachian Development COAD 4 Kids**1500B Green St.Marietta, OH 45750740-373-6996**Parent Help Call in Line: 740-373-6996**Call for office hours**Web-site: Coad4kids.org** | Parent Education Classes, Parent Resourcessuch as a parent help call in line, listings of licensed childcare facilities, referrals to community resources | Guernsey, Monroe, Noble and Washington |
| **Big Brothers/Big Sisters**740-453-7300 | Mentor program for children | Guernsey, Monroe |
| **Publicly Funded Child Care through the Ohio Dept. of Job & Family Services – Guernsey County**324 Highland Ave.Cambridge, OH 43723740-432-2381Mon. – Fri. 8am-4pm | Eligible families can have all or partial costs of childcare paid for while in attendance at school, work, job training, homeless etc…application process is through the ODJS | Guernsey |
| **Head Start/Early Head Start**615 North St.Caldwell, OH 43724740-732-2388 | Provides educational services to children birth through 5 yrs. of age & pregnant Moms. Service centers throughout Guernsey, Monroe & Noble. Call Caldwell Service Center tel. #for the intake process or more information. | Guernsey, Monroe, Noble |

1. **Teen Services**

|  |  |  |
| --- | --- | --- |
| **Name of Agency** | **Services Provided** | **Service Area** |
| **Pathways Fellowship Teen Center**1413 Marquand Ave.Cambridge, OH 740-510-5106Call for operational hours**Please call to speak with Zachary Anderson**  | Teen Center that focuses on providing after school assistance for teens ages 6th-12th grade, Services include homework assistance, recreational programs, & help with problems teens may experience such as behavioral, & family problems. | Guernsey, Monroe & Noble |
| **National Runaway Safeline****1-800-786-2929, 1800RUNAWAY.ORG, Text SAFE to 69866 to receive a text back with the nearest shelter location-if no shelter nearby person given the tel# to National Runaway Safeline****\*\*\* Text 741741(Crisis Counselor)** | **Resource to help aid youths who have run away from home.**  | National |
| **Hey I’m Here (Online Program)** Designed specifically for teensSocial Media Presence: Facebook, Instagram, & Snapchat @HeyImHereOhio**Heyimhere.org** | **Digital safe space for teens to get support for mental health well-being and to provide helpful resources** | National |