**Guernsey County Community Resources**

1. **Food Pantries**

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| **Name of Food Pantry** | **Days/Times** | **Zip Code Service Areas** |
| **Salvation Army of Cambridge**  221 Dewey Ave.  Cambridge, OH 43725  740-432-7759 | Mon.-Thurs., 9am-12pm & 1pm-3pm Fri., 9am-11am, 12pm-2pm Free Produce/Milk Giveaway: 1st & 3rd Thurs. 9:30am-until supplies last | Guernsey |
| **First Church of the Nazarene**  533 Jefferson St.  Cambridge, OH 43725 | Free Produce/Milk Giveaway: 2nd & 4th Thurs. 9:30am-until supplies last | Guernsey |
| **Guernsey Living Water Food Pantry**  287 Fair St.  Quaker City, OH 43773  740-679-2871 | 1st & 3rd Thursday 12pm-2pm | 43773, 43378, 43913, 43719,  43723, 43736, 43755 |
| **Byesville Assembly of God**  102 South 7th St.  Byesville, OH 43723  740-685-2553 | 1st & 3rd Thursday 12pm-1pm | Rolling Hills School District |
| **Grace Pantry**  1101 Steubenville Ave. Cambridge, OH 43725  740-432-6036 | 2nd Friday of the month from 10am-11:30am, 4th Friday of the month 11am-1:30pm, 4pm-6pm | Guernsey |
| Main Ave UMC Food Pantry  223 E. Main Ave  Byesville, OH 43723  740-685-2912 | Thursday: 9am-12pm | Rolling Hills School District |
| **Guernsey Senior Nutrition –CSP**  1022 Carlisle Ave.  Cambridge, OH 43725  740-439-5717 | Mon. – Fri. 11:30am-1pm, 3rd Fri. 8am-4pm for CSFP Contact: Kylee Quinn 740-439-6681 | Guernsey |
| **Hot Meals/Community Kitchen** |  |  |
| **Feed My People**  1101 Steubenville Ave. Cambridge, OH 43725  740-439-4214 | Mon.-Sat. 9am-1pm, Serving from 11am-12pm | 43725 |
| **Guernsey County Senior Citizens Ctr.**  1022 Carlisle Ave.  Cambridge, OH 43725  740-439-5717 | Mon. – Fri. 11:30am-1pm | Guernsey |
| **Harvest House**  6060 Glenn Hwy  Cambridge, OH 43725  **740-584-1941** | Ministry can assist with household goods. Call to inquire about their services. CLOTHING, HOUSEHOLD GOODS ONLY! | Guernsey, Monroe, Noble |

1. **Housing Assistance**

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| **Name of Agency** | **Services Provided** | **Service Areas** |
| **GMN Tri-County CAC., INC.**  Guernsey’s telephone # is 740-685-2422 | Homeless Prevention Program-at risk homeless or currently homeless, Home Weatherization Program- 8am-4pm Mon.-Fri. | Guernsey, Monroe, Noble |
| **Metropolitan Housing**  1100 Maple Court  Cambridge, OH 43725  740-439-6651 | Housing Choice Voucher Program, Low-Income Housing  (Mon., Tues., Thurs. Fri. 8:30am-4:30pm) | Guernsey, Monroe, Noble |
| **Society of St. Vincent de Paul**  701 Gomber Ave.  Cambridge, OH 43725  740-432-7609 x 207 | Housing Assistance (rent, rent security deposit, & mortgage) Please call to make an appt.  Hours: Mon., Tues., Thurs. 10am-1pm | Guernsey |
| **Samaritan Center for Transitional Housing**  P.O. Box 893  Cambridge, OH 43725  740-435-0333 | Focus is on Transitional Housing not Emergency Housing, 30-90 days, there is some rental/mortgage assistance but limited funds-case by case basis | Guernsey |
| **The Freedom House**  710 N 4th St.  Cambridge, OH  Call Roberta, Freedom House Coordinator 740-995-8007 | Homeless Shelter-Ages 18 and over, Adults only. Program to help end homelessness. Please call for specific information on the program | Guernsey only |

1. **Utility Assistance (Electric, Gas, Water)**

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| **Name of Agency** | **Services Provided** | **Service Area** |
| **GMN Tri-County CAC., INC.**  185 S. 2nd St.  Byesville, OH 43723,  Guernsey’s telephone # is 740-685-2422 | Several energy assistance programs (HEAP, PIPP, Summer Crisis Program) to assist with utilities, please call to make an appointment 740-955-8001  (Mon.-Fri. 8am-4pm) | Guernsey, Monroe, Noble |
| **Society of St. Vincent de Paul** 701 Gomber Ave.  Cambridge, OH 43725  740-432-7609 x 207  email: [office@colsvdp.org](mailto:office@colsvdp.org) | Some assistance with gas, electric, propane, firewood. Please call to make an appt.  (Mon. Tues. & Thurs. 10am-1pm) | Guernsey |
| **Salvation Army Cambridge**  221 Dewey Ave.  Cambridge, OH 43725  740-432-7759 | Some assistance with utilities, please call to inquire. Mon.-Thurs. 9am-12pm, Fri. 9am-11am, 12pm-2pm | Guernsey |

1. **SNAP Benefits (Food Assistance), WIC, Cash Assistance, & Medicaid**

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| **Name of Agency** | **Services Provided** | **Service Area** |
| **Cambridge-Guernsey County Health Department**  326 Highland Ave  Cambridge, OH 43725  740-439-3577  Mon.-Fri. 8am-4pm | Birth & Death Records, Car Seat Program, Cribs for Kids, Nursing Services such as Child/Adult Immunizations & Health Education | Guernsey |
| **Ohio WIC (located within Cambridge-Guernsey Health Dept.)** 326 Highland Ave  Cambridge, OH 43725  740-439-3577 x 7242 or 7249  Mon.-Fri. 8am-4pm, lunch 12pm-1pm | Food items, baby food, baby formula, Children birth to 5, pregnant, & breastfeeding Moms. | Guernsey |
| **Guernsey County Dept. of Job & Family Services**  324 Highland Ave.  Cambridge, OH 43725  740-432-2381  Mon.-Fri. 8am-4pm | Eligibility based programs that assist with food (SNAP), cash assistance & Medicaid (medical insurance) | Guernsey |

1. **Employment Services (Unemployment, Child Support, Resume, Job Search, Interview)**

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| **Name of Agency** | **Services Provided** | **Service Area** |
| **Guernsey County Dept. of Job & Family Services (Workforce Investment)** 324 Highland Ave. Cambridge, OH 43725 740-432-2381  Mon.-Fri. 8am-4pm | Job seeker services, Job seeker on site Resource Room, Career Services, Training Services, Comprehensive Career Case Management & Employment Program (Adult Program, Youth Services Job Training Program), The Child Support Enforcement Agency is located at this address & can be reached at the listed tel#. | Guernsey |
| **Ohio Means Jobs** | Web-site for Job Searching, Resume Help: https://jobseeker.ohiomeansjobs.monster.com/ | State of Ohio |
| **Action Total Staffing**  822 Wheeling Ave  Cambridge, OH43725  740-432-1904 | Staffing agency that helps with short term, long term employment opportunities | Guernsey, Monroe, Noble |
| **Mancan Temporary Staffing**  729 Southgate Pkwy Cambridge, OH 43725 740-439-5060 | Staffing agency that helps with short term, long term employment opportunities | Guernsey |

1. **Mental Health/Substance Abuse**

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| **Name of Agency** | **Services Provided** | **Service Area** |
| **Mental Health & Recovery Services Board**  1500 Coal Run Rd.  Zanesville, OH 43701  740-454-8557  Call for office hours  **In Crisis Tel# 1-800-344-5818 or \*\*\*Text 741741 (Crisis Counselor)** | Provides services for mental health substance abuse | Coshocton, Guernsey, Morgan, Muskingum, Noble and Perry |
| **Cedar Ridge Behavioral Health Solutions** 841 Steubenville Ave. Cambridge, OH 43725  740-692-7247  Mon.-Wed. 8am-6:30pm, Thurs, Fri.-8am-5pm  **\*\* Anxiety Crisis Line: 1-800-950-6264**  **\*\*\*Text 741741 (Crisis Counselor)** | Provides services for mental health & substance abuse  \*\*Anxiety Crisis Line assists those who need immediate help | Guernsey, Monroe and Noble |
| **Guernsey Health Choices, Inc.**  927 Wheeling Ave. Suite 310  Cambridge, OH 43725  740-439-4532  Call for office hours  **\*\*\*Text 741741 (Crisis Counselor)** | Individual & Family Counseling, Addiction & Behavioral Health Services | Guernsey, Monroe and Noble |
| **Allwell Behavioral Services**  2500 Glenn Hwy  Cambridge, OH 43725  740-439-4428  Call for office hours  **\*Allwell Crisis Hotline 800-344-5818** | Individual & Family Counseling, Addiction & Behavioral Health Services | Guernsey, Monroe and Noble |
| **Southeastern Counseling Center**  239A Old National Rd  Old Washington, OH 43768  Mon. 8am-8pm, Tues. 8am-7pm Wed. 8am-8pm, Thurs. 8am-5pm  (740)489-5571 | Assists adults, children & families with mental health & addiction services | Guernsey, Monroe, Noble, Washington |
| **People to People Counseling**  1200 E. Wheeling Ave.  Cambridge, OH  Mon-Thurs. 9am-6pm,  Fri. 9am-3pm, 740-432-1800  **Mid-Ohio Behavioral Health**  2090 North Ave.  Cambridge, OH 43725  Please call for office hours & intake process  740-201-2522 | Mental Health, Parenting Support & Addiction/Recovery Services  Providing children, families & adults with comprehensive Behavioral Health services | Guernsey, Monroe, Noble  Guernsey, Monroe, Noble & Washington |
| **SAMHSA (Substance Abuse & Mental Health Services Administration) National Helpline 1-800-662-4357 24/7, 365 days a year** | Treatment Referral & Information Service for Mental Health & Substance Abuse Issues | National |

**\*\*\*Crisis Text Line**

**Throughout Ohio, individuals can text the keyword “4HOPE” to 741741 to be connected to a Crisis Counselor. Any person may need help in coping with a stressful situation. Reach out by text to communicate with someone trained to listen and respond in a method that is private, secure and confidential.**

1. **Legal Assistance/Domestic Violence Shelters**

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| **Name of Agency** | **Services Provided** | **Service Area** |
| **Southeastern Ohio Legal Services (SEOLS) New Philadelphia Office**  255 2nd St. NE, Suite D  New Philadelphia, OH 44663  330-339-3998, 1-800-686-3670  Call for office hours  **Email:** [**newphiladelphia@seols.org**](mailto:newphiladelphia@seols.org) | Legal assistance for people who cannot afford legal representation. This agency assist with various needs such as fair housing, health care, public benefits, domestic violence, family, & tax etc… | Coshocton, Guernsey, Holmes & Tuscarawas |
| **Ohio Legal Help**  **Web-site: ohiolegalhelp.org** | Online legal resources for legal information, forms or a lawyer | Statewide |
| **Victim Advocacy Center**  **Haven of Hope**  927 Wheeling Ave. Suite 102  Cambridge, OH 43725  740-439-7233  Mon. – Fri. 8am-4pm | Provides assistance to victims of crime. Assists with understanding the criminal justice process & helping victims who have been harmed from any type of crime. | Guernsey, Noble |
| **Ohio Domestic Violence Network (ODVN)**  **1-800-934-9840**  **Web-site: odvn.org** | Online resources for victims of domestic violence. | Statewide |
| **National Domestic Violence Hotline 1-800-799-SAFE (7233)**  **Web-site: thehotline.org (live chat available)** | Resources & a national 800# to help victims of domestic violence. | National |

1. **Suicide Prevention (see also Mental Health services listed in this guide)**

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| **Name of Agency** | **Services Provided** | **Service Area** |
| **National Suicide Prevention Hotline**  **1-800-273-TALK (8255)**  **Press 1, also can text 838255**  **\*\*\*Text 741741 (Crisis Counselor)**  **Web-site: suicidepreventionlifeline.org** | **An 800# that is operational 24/7. Assists individuals who are in crisis, need immediate assistance & linked with prevention & crisis resources.** | National |

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1. **Parent Education/Child Mentoring Services**

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| **Name of Agency** | **Services Provided** | **Service Area** |
| **Corporation for Ohio Appalachian Development COAD 4 Kids**  1500B Green St.  Marietta, OH 45750  740-373-6996  **Parent Help Call in Line: 740-373-6996**  Call for office hours  **Web-site: Coad4kids.org** | Parent Education Classes, Parent Resourcessuch as a parent help call in line, listings of licensed childcare facilities, referrals to community resources | Guernsey, Monroe, Noble and Washington |
| **Big Brothers/Big Sisters**  740-453-7300 | Mentor program for children | Guernsey, Monroe |
| **Publicly Funded Child Care through the Ohio Dept. of Job & Family Services – Guernsey County**  324 Highland Ave.  Cambridge, OH 43723  740-432-2381  Mon. – Fri. 8am-4pm | Eligible families can have all or partial costs of childcare paid for while in attendance at school, work, job training, homeless etc…application process is through the ODJS | Guernsey |
| **Head Start/Early Head Start**  615 North St.  Caldwell, OH 43724  740-732-2388 | Provides educational services to children birth through 5 yrs. of age & pregnant Moms. Service centers throughout Guernsey, Monroe & Noble. Call Caldwell Service Center tel. #for the intake process or more information. | Guernsey, Monroe, Noble |

1. **Teen Services**

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| **Name of Agency** | **Services Provided** | **Service Area** |
| **Pathways Fellowship Teen Center**  1413 Marquand Ave.  Cambridge, OH  740-510-5106  Call for operational hours  **Please call to speak with Zachary Anderson** | Teen Center that focuses on providing after school assistance for teens ages 6th-12th grade, Services include homework assistance, recreational programs, & help with problems teens may experience such as behavioral, & family problems. | Guernsey, Monroe & Noble |
| **National Runaway Safeline**  **1-800-786-2929, 1800RUNAWAY.ORG, Text SAFE to 69866 to receive a text back with the nearest shelter location-if no shelter nearby person given the tel# to National Runaway Safeline**  **\*\*\* Text 741741(Crisis Counselor)** | **Resource to help aid youths who have run away from home.** | National |
| **Hey I’m Here (Online Program)** Designed specifically for teens  Social Media Presence: Facebook, Instagram, & Snapchat @HeyImHereOhio  **Heyimhere.org** | **Digital safe space for teens to get support for mental health well-being and to provide helpful resources** | National |